

Honest To God

Therapy Group for Women Whose Husbands Struggle with Sexual Integrity
Healing from the pain of pornography, inappropriate relationships, or unfaithfulness



Discovering your husband's sexual struggle is shattering. There is a temptation to isolate, but what you need now is connection and support so you can remain open and honest, find empathy for your pain, and be encouraged to persevere as a woman of wisdom, dignity, and grace.

10 week sessions (90 minutes) in two locations

Mission Valley Office - 1 group

Wednesday evenings

Rancho Bernardo Office - 3 groups

Tuesday mornings / Tuesday evenings

Saturday mornings

~\$50 per week

~\$80 Initial interview necessary before joining group to ensure this is the right place for your healing at this time.



Call now to schedule initial interview

(619) 298-8722 ext. 125

Honest to God groups are led by

Treina Nash, Marriage & Family Therapist MFC36080

Denise Ehret Marriage & Family Intern IMF72022

(Supervised by Dr. Melinda Reinicke, Psychologist PSY11011)

Explore managing emotions, boundaries, decision-making, faith, and sexuality through homework assignments and group discussion.

I am the LORD, your God, who takes hold
of your right hand and says to you,

“Do not fear; I will help you.”

Isaiah 41:13

Offered by



**RCA Counseling
& LifeSpring Center**

www.RCAcounseling.com