



Men's Sexual Integrity Groups

Discover healing from pornography, affairs and other destructive sexual behavior. Join other men who are doing recovery with the guidance of Christian therapists specially trained in sexual addiction.

Your sexual behavior is causing shame and pain in your life. It could be pornography, an affair, or other compulsive sexual behaviors. Hebrews 12:2 calls us to “throw off everything that hinders and the sin that so easily entangles and run with perseverance the course marked out for us.” The call is to find true fulfillment and lean into our destinies. We are hindered in this endeavor by many things. Unhealthy sexuality, though, has a unique power to captivate the human soul and numb us into a life of mediocrity.

God created sex to be a beautiful expression of love between a husband and wife. But unhealthy sexuality robs us of deep intimacy in relationship and pushes us into feelings of emptiness and despair. We desperately pursue the next orgasm as if that’s the only thing that matters. Healthy sexuality is so much more satisfying than that.

If you desire to experience your sexuality and life in a new, healthy way, call us today. **619.298.8722 x101**

In addition, we have separate groups for wives wounded by their husband's sexual struggles.

Individual and couples counseling also available.

Therapy groups meet once a week for 90 minutes
Choose a group that fits your schedule

Mission Valley Office

Monday evening
Wednesday mid day
Wednesday evening

Rancho Bernardo

Tuesday evening

Carlsbad

Thursday afternoon (every other week)
All other groups meet weekly

~ \$50 per week (Carlsbad group \$75 per week)

~ Initial interview necessary before joining group to ensure this is the right place for your healing at this time.

Call now to schedule initial interview

619.298.8722 x101

Groups led by specialized clinicians utilizing internationally recognized, research-based curriculum to provide healing from destructive sexual behavior.

[Aaron J. Reinicke, Licensed Marriage & Family Therapist](#)
[Cory Anderson, Licensed Marriage & Family Therapist](#)
[Andrew Last, Licensed Marriage & Family Therapist](#)
[Scott Wood, Licensed Marriage & Family Therapist](#)

Offered by
RCA Counseling
& LifeSpring Center

www.RCAcounseling.com
619.298.8722